

Your Three Week Menu

Monday Tuesday  Wednesday  Thursday  Friday 

WEEK ONE

Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables	Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables	Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy	Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables	MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans
Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad
Sticky Toffee Pudding and Custard	Chocolate Crunch and a Fruit Wedge	Fruit Jelly and Fruit Wedge	Cheese & Crackers	Melting Moment and Fruit Wedge

WEEK TWO

Pork/Quorn Sausage and Bacon, Scrambled Egg, Hash Browns and Baked Beans	Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables	Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy	Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables	Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans
Deli Option Choice of Breads and a Selection of Fillings Served with Salad	Deli Option Choice of Breads and a Selection of Fillings Served with Salad	Deli Option Choice of Breads and a Selection of Fillings Served with Salad	Deli Option Choice of Breads and a Selection of Fillings Served with Salad	Deli Option Choice of Breads and a Selection of Fillings Served with Salad
Apple Sponge and Custard	Iced Chocolate Sponge Cake	Iced Sponge Cake	Fruit Salad	Ginger Biscuit and Fruit Wedge

WEEK THREE

Homemade Sausage/Quorn Twist with Mashed Potato and Seasonal Vegetables or Baked Beans	Bacon and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables	Braised Beef/Quorn Fillet with Yorkshire Pudding Roast/Mashed Potatoes Seasonal Vegetables and Gravy	Sweet and Sour Chicken/Quorn with Rice and Seasonal Vegetables	MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans
Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad	Filled Jacket Potato with a Selection of Fillings Served with Salad
Fruit Crumble and Custard	Chocolate Biscuit and a Fruit Wedge	Lemon Drizzle Cake	Cheese & Crackers	Shortbread Finger and Fruit Wedge

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

